



Resolutions—Keep It Simple

January 1st is just another day. And yet it manages to give us a sense of a new beginning. Maybe because we throw away the old calendars and start with a fresh set of pages to fill with dates and appointments. Some we choose and plan, vacations, dinners with friends, family milestones; others include the necessities of living, work and maintaining our abode. Along the way our “pages” or days present us with events not chosen, conflicts, disappointments, aches and pains. They all form the tapestry of our lives and they are all the groundwork of God’s loving activity.

If you are like me, you have made some

resolutions for this blank sheet, known as your life. Far too often we undertake overly ambitious tasks. Need I mention them? Do they include, getting fit, cleaning the closets, getting together with friends we haven’t seen in two years?

And perhaps some of us desire to be more intentional about our “spiritual lives.” Remember, your spiritual life is 24/7, God is never absent and every moment can be graced with the Divine touch. We make it too hard. We can easily be intimidated at the prospect of hours

of Bible study and fashioning eloquent prayers. Those spiritual practices are valuable and nurturing but, there are so many other, very simple ways we can tend to the soul and raise our capacity to receive God’s TLC. Here are three simple spiritual practices that can be included in the rhythm of life, every day, all day.

NOTICE

A very basic spiritual practice is to attend to your own life and existence. Our spiritual lives are formed by the small details and experiences of everyday life. Notice the beauty of nature.

Continued...

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Special points of interest:

- Annual Meeting
- Acolyte Training
- EChO Stone Soup

Keep It Simple, continued

Notice the people you love, take 10 extra seconds to ponder what they are saying to you. Do not live in the past or the future. God is more present to you in this moment than at any other, enjoy it. Notice also within you, the doubts, areas of sadness or joy. Even pain can alert us to the places in our hearts that need healing.

EXPRESS GRATITUDE

Cultivate an attitude of gratefulness. As you notice and savor the little things that come your way each day give thanks to God. Have you noticed that in the Prayers of the People on Sunday there is usually silence when we offer prayers of thanksgiving. I don't think it's because we are ungrateful but our thanksgivings seem small or insignificant. Do not hesitate to recognize that goodness, truth, and beauty are gifts of Divine Love.

BLESS THE THINGS THAT COME YOUR WAY

In every life, events come our way that we would not have chosen; irritations, hurts, accidents, sickness, death, etc. Our immediate reaction is to want to return things to "normal" and have our little universe become stable again. These things are not outside of the zone of God's power and love. Rather than simply wishing to get rid of the disturbance, bless them as a means to see God's hand at work. Pray for their conversion. And in regards to your own inner wounds, bless them, embrace them, and offer them to God as opportunities for transformation.

Sarah Berlin

I would like to thank Sarah and George Berlin, our Vestry, and the anonymous elves who have been so caring and generous to me this Christmas. I am so blessed to be part of this loving parish.

Thank you everyone,

Jerri Avery

Check This Out!!!



*Lectio Divina will be held
on January 4th at 9 am*

DEGREENING OF THE CHURCH SATURDAY AND SUNDAY DECEMBER 4TH AND 5TH



Church of the Transfiguration Staff and Vestry

Priest in Charge - The Rev. Sarah Berlin
303-674-4904 ext. 11

Parish Administrator—Jerri Avery,
303-674-4904

Organist & Choir Director—Bob Coursen,
303-674-4904

Director of Children's Ministries—Janet
Reznik, 303-674-9253

Building & Grounds Administrator—
Ken Schmidt, 303-598-6128

Office Hours
Monday 1-5
Tuesday 10-5
Wednesday 12 -7
Thursday 10-5
cotransfig@gmail.com
www.church-transfig.net
www.colorado-weddings.org

2014 Vestry

Co- Senior Wardens: David
Black & Randy Reznik

Junior Warden—Stephanie Park

Arwen Berry

Michael Coriden

Mary Hatfield

Treasurer—Ted Terry

Vestry Clerk—Sara Gadeken



Soup Ministry

Homemade soups in the freezer are available for parishioners and friends that are sick, shut-in or need some TLC. Feel free to give soup to someone you see at church that is hurting, or take soup to someone you are going to visit. The soups are in the freezer on the east wall of the kitchen.

Lemony Chicken and Orzo Soup

- 1 tablespoon olive oil
- 1 medium leek, white and pale-green parts only, halved lengthwise, sliced crosswise 1/2-inch thick
- 1 celery stalk, sliced crosswise 1/2-inch thick
- 12 ounces skinless, boneless chicken thighs
- 6 cups low-sodium chicken broth
- Kosher salt, freshly ground pepper
- 1/2 cup orzo
- 1/4 cup chopped fresh dill

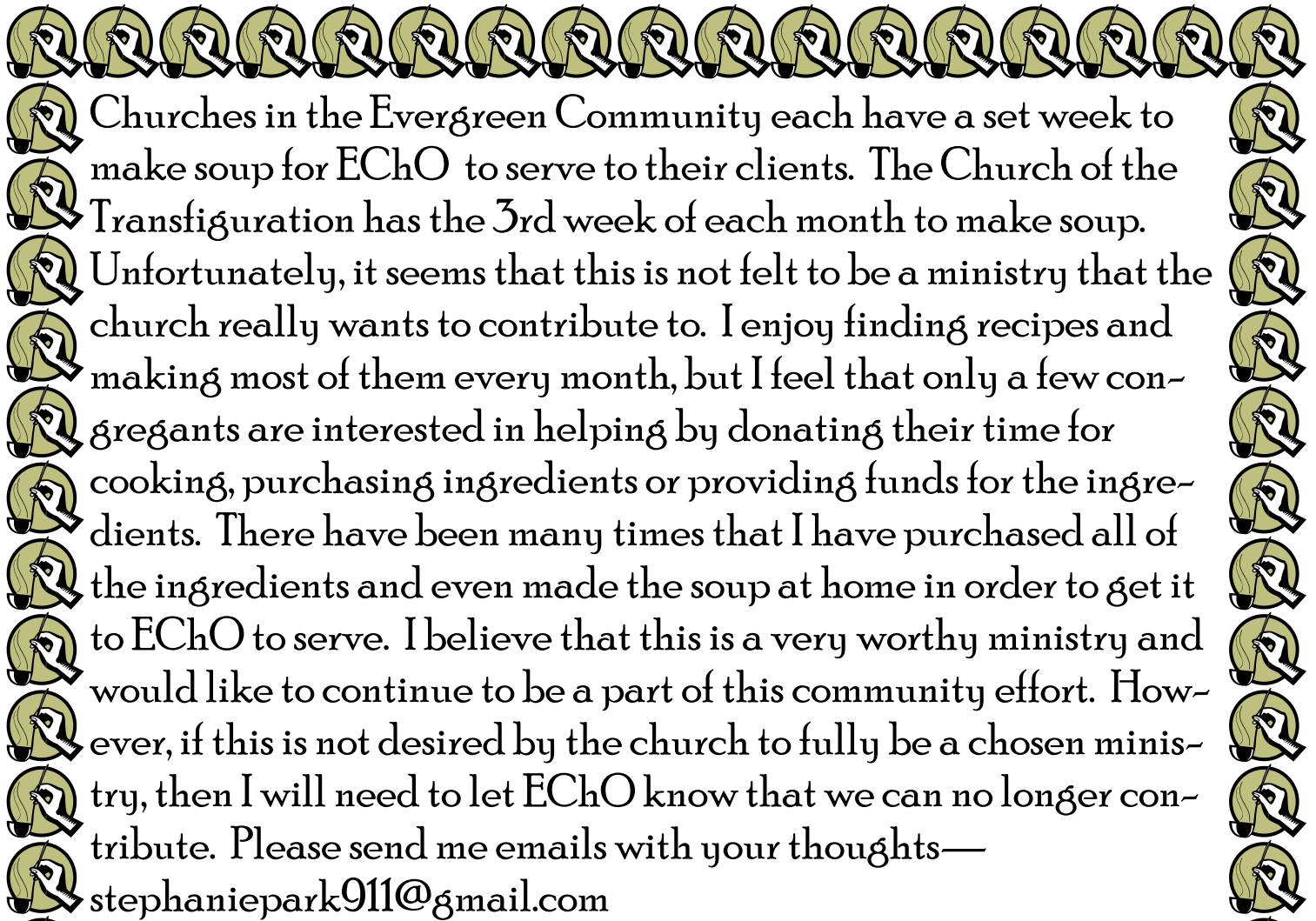
Lemon halves (for serving)

Heat oil in a large heavy pot over medium heat. Add leek and celery and cook, stirring often, until vegetables are soft, 5-8 minutes. Add chicken and broth; season with salt and pepper. Bring to a boil, cover, reduce heat, and simmer until chicken is cooked through, 15-20 minutes. Transfer chicken to a plate. Let cool, then shred chicken into bite-size pieces. Meanwhile, return broth to a boil. Add orzo and cook until al dente, 8-10 minutes. Remove pot from heat. Stir in chicken and dill. Serve with lemon halves for squeezing over.

Multiply amounts by 8 for EChO Stone Soup

**ECHO STONE SOUP RECIPE for
JANUARY 19th**





Churches in the Evergreen Community each have a set week to make soup for EChO to serve to their clients. The Church of the Transfiguration has the 3rd week of each month to make soup. Unfortunately, it seems that this is not felt to be a ministry that the church really wants to contribute to. I enjoy finding recipes and making most of them every month, but I feel that only a few congregants are interested in helping by donating their time for cooking, purchasing ingredients or providing funds for the ingredients. There have been many times that I have purchased all of the ingredients and even made the soup at home in order to get it to EChO to serve. I believe that this is a very worthy ministry and would like to continue to be a part of this community effort. However, if this is not desired by the church to fully be a chosen ministry, then I will need to let EChO know that we can no longer contribute. Please send me emails with your thoughts—
stephaniepark911@gmail.com

Sincerely, Stephanie

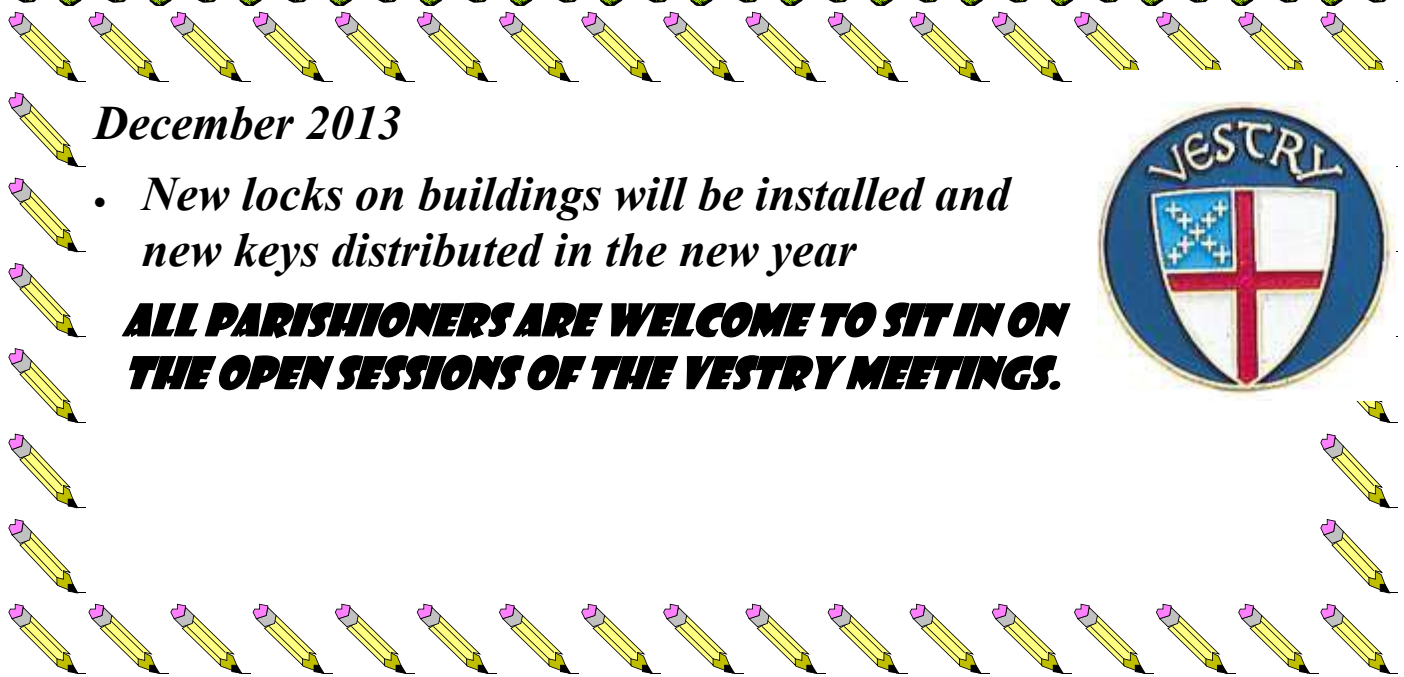
Thank You's, Vestry etc.



December 2013

- New locks on buildings will be installed and new keys distributed in the new year*

ALL PARISHIONERS ARE WELCOME TO SIT IN ON THE OPEN SESSIONS OF THE VESTRY MEETINGS.



Winter Sunday School Schedule

The following are the lessons for winter 2014:

December 29 – 10:15

The Mystery of Christmas

January 5 – 10:15

Epiphany / Holy Baptism

January 12-10:15

Holy Baptism – Elise Poole

January 19 – 10:15

The Parable of the Good Shepherd

January 26 – 10:15

The Parable of the Good Samaritan

February 2 – 10:15

The Parable of the Great Pearl

February 9 – 10:15

The Parable of the Sower

February 16 – 10:15 - Kit

The Parable of the Leaven

February 23 – 10:15 - Susan


The Parable of the Mustard Seed

March 2 – 10:15

Parable of Parables

March 4 – Shrove Tuesday

Party at 5:00


Please volunteer to help with Sunday School!
Two teachers are needed for each class, in order to be in compliance with Diocesan rules!
If you have any questions:
courtev@evcohs.com
snyderkit@hotmail.com

The Transfiguration Book Club

Monday, January 27th from 6:30—9:30 PM in the Church

All are invited to join in on this fun and interesting group—ladies AND gentlemen!
Even if you have never come to any of the meetings before, please come.....and bring friends!

Please bring a snack and drink to share

If you have question or concerns, email
Shelley Black—Shelley_Black@att.biz
Kit Snyder—snyderkit@hotmail.com

Quarterly book selection to take place at the meeting 2 months
prior to
the new quarter. Please plan to attend this meeting so that you can
recommend your favorite book!

Discussion of each selected book will be led by the person who
recommended

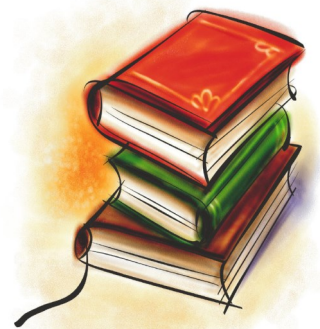
that book. In the event the discussion leader is not able to attend the
meeting, they will provide the discussion questions to a replacement leader
of their choice.

The discussion leader will also provide a brief synopsis of the book at
least 2 weeks prior to the discussion of that book. The synopsis only needs
to contain a few sentences, and can be e-mailed to Shelley for distribution to
the group.

Please make sure that the books that you recommend can be easily procured.
It is helpful to know if the book is available in the Evergreen library, or on Kindle,
as an e-book, etc. Please be prepared to give this information at the time you
recommend your books.

Bring your friends! -- we would like to grow our attendance to include others
in the Evergreen community.

We will continue our discussion about our format at each of the next two
meetings -- please attend so that you can bring your great ideas forward
to the group!



Announcements

**Thank you to the Altar Guild,
Choir and Flower Guild for all of
your hard work during our
blessed Christmas Season!!**



**!!!NEEDED FOR BOTH SERVICES!!!
ACOLYTES, USHERS AND LECTORS**

Prayers



Anointing and Healing

Prayers Anointing and healing prayers are offered by Father Mark and the Daughters of the King during the 10:15 service on the last Sunday of each month. All are welcome to come to the front of the church after communion for this special offering. This month the prayers will be on January 26th.

Morning Prayer Service

sponsored by the Daughters of the King and in fellowship with EDSE is offered on **WEDNESDAY** mornings at 8:30 AM in the church. The Daughters and Friends of the Episcopal Day School extend an invitation to all to attend this wonderful service. Please feel free to walk the Labyrinth after.

Evening Prayer Service

also sponsored by the Daughters of the King is offered on the second and fourth Mondays of each month at 5:30 pm in the Chapel of St. Mary and St. Joseph. The next Evening Prayer services will be January 6th and 20th.



ANNUAL PARISH MEETING

BETWEEN SERVICES AT 9:00

SUNDAY, JANUARY 27TH

**POTLUCK LUNCHEON TO FOLLOW 10:15
SERVICE FOR ENTIRE CONGREGATION**



**THE CHURCH OF THE TRANSFIGURATION IS NO
LONGER IN IMPERILED STATUS!!**

**THANK YOU TO ALL FOR HAVING FAITH AND GIV-
ING YOUR SUPPORT!**

FOOD BANK



Evergreen Christian Outreach

Needs List-January 2013

Small Peanut Butter

Toothpaste

Hearty Soups

Boxed Pasta

Mac & Cheese

Toilet Paper

Spaghetti Sauce

Sugar

Cold Cereal

Tuna

Canned fruit

Laundry Detergent

Tooth Brushes Dish

Liquid Soap

Helper Meals

Canned Vegetables

Bar Soap

Stuffing Mix

Instant Potatoes



Other Items for St. Raphael's House*

Coffee Makers

Telephones

Pots & Pans

Mens Jeans

Spoons & Forks

King & Queen Bedding

Vacuum Cleaners

Blenders, Toasters, Microwaves

Tarps

Blankets

Winter Clothes

Hats, Gloves, Scarves

Note: *No after hours donations accepted due to fire and safety requirements. Thank you for your cooperation and your donations.*

Volunteers Always Needed!

Call: 303-670-1796

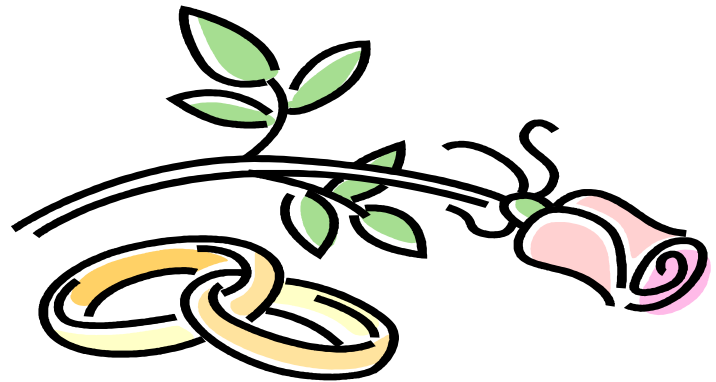
Open Mondays 10-6

Open Tuesday, Wednesday & Thursday 10-4

Celebrate!!!

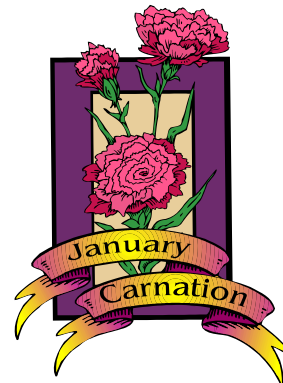
January Birthdays

Warren Berggren	1/1
Amy Thomas	1/2
Donna Kautzman	1/10
Brian Williams	1/10
Kit Snyder	1/17
Henry James Jackson	1/20
Bob Barker	1/21
Dylan Losche	1/31
Charlie Losche	1/31



January Anniversaries

Warren and Gretchen Berggren	January 11
Emil & Sara Gadeken	January 26
Cort and Patsy Langworthy	January 28
Frank and Ginny Leitz	January 31

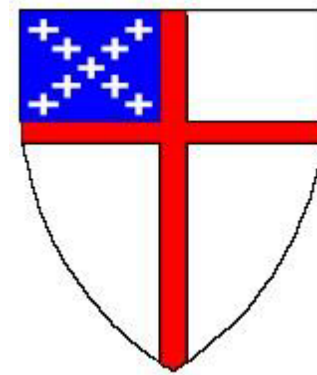


January 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Church Douglas Hall St. Mark's Meadow Chapel Stuart Lounge</p>			1	2 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	3	4 8 am AA 9 am Lectio Divina
5 8 am Holy Eucharist 10:15 am Holy Eucharist, Sunday School	6 9-3 EDSE 6:30 EDSE Board Meeting	7 9-3 EDSE 7 pm Movie Night	8 9-3 EDSE 7:30 pm AA	9 8:30 Morning Prayer 9-3 EDSE 9-11 EChO 7 pm Choir	10	11 8 am AA
12 8 am Holy Eucharist 10:15 am Holy Eucharist, Sunday School	13 9-3 EDSE 5:30 pm Evening Prayer	14 9-3 EDSE 4-6 Property Committee 7-9 EChO Board Meeting	15 9-3 EDSE 9-10 EChO 7:30 pm AA	16 8-4 EChO Workshop 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	17	18 8 am AA
19 8 am Holy Eucharist 10:15 am Holy Eucharist, Sunday School	20 9-3 EDSE 9-11 EChO 6:30 Vestry	21 9-3 EDSE 5:30 pm Friendship Bridge	22 9-3 EDSE 7:30 pm AA	23 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	24	25 8 am AA
26 8 am Holy Eucharist 10:15 am Holy Eucharist, Sunday School	27 9-3 EDSE 5:30 Evening Prayer 6:30 Book Club	28 9-3 EDSE	29 9-3 EDSE 7:30 pm AA	30 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	31	

**THE CHURCH OF THE
TRANSFIGURATION**

P.O. Box
Highway 74
Evergreen, Colorado 80439
303-674-4904



We're on the Web!
www.church-transfig.net

Newsletter Submissions

Please contact Stephanie Park with ideas, suggestions and monthly reports for the newsletter. Monthly reports to be submitted no later than the 22nd of each month.

stephaniepark911@gmail.com



**Have something to add to the newsletter?!?!
Please contact Stephanie (see contact information to the left).**

**Upcoming ideas for pages: recipe exchange,
community coupons, trivia and games**

**ALL IDEAS WELCOME AND
ENCOURAGED!!!**